

Selected Federal Resources on HIV Pre-Exposure Prophylaxis (PrEP)

RESOURCES FOR CONSUMERS & THE PUBLIC

PrEP Information from AIDS.gov

This web page provides a basic overview of PrEP for general audiences and links to relevant federal resources. [Blog posts](#) about PrEP are also available.

PrEP Basics

This CDC web page provides questions and answers about PrEP for consumers: what it is, why take it, who can take it, how well it works, and other key information.

PrEP Resource Compilation from CDC

This CDC web page provides links to various CDC PrEP resources for consumers and clinicians, including links to materials in Spanish, PrEP guidelines, and information about clinical trials.

Are You Ready for PrEP? (Infographic Series)

These colorful infographics from CDC present complex information about PrEP quickly and clearly.

- [PrEP 101](#) discusses the basics of PrEP and how it works.
- [PrEP Access](#) discusses talking to a physician about getting a prescription and discusses how to pay for the medication.
- [Is PrEP Right for Me?](#) suggests doing research to find out about PrEP, provides suggested questions when talking to a physician, and recommends following provider's advice.

Are You Ready for PrEP? (Video)

This 2:50 minute consumer video from CDC covers PrEP basics, access, and other important information about this HIV prevention option.

HIV Risk Reduction Tool (Beta Version): PrEP

This page, part of CDC's HIV Risk Reduction Tool, explains PrEP for HIV prevention. The interactive tool helps individuals learn about the risk of getting HIV or transmitting HIV and also how to lower that risk.

Effectiveness of Prevention Strategies to Reduce the Risk of Acquiring or Transmitting HIV

This CDC page features tables providing the best estimates of effectiveness for various strategies to prevent HIV acquisition or transmission, including the daily use of PrEP by HIV-negative individuals. The table provides citations to specific studies.

As many as 185,000 new HIV infections in the U.S. could be prevented by expanding testing, treatment, PrEP (Press Release)

This CDC news release highlights study findings presented at the Conference on Retroviruses and Opportunistic Infections (CROI) in February 2016 indicating that increasing the use of PrEP, a daily anti-HIV pill, among people who are uninfected but at high risk could prevent an additional 17,000 infections by 2020.

Conversation Starters About PrEP

This page, from CDC's *Start Talking. Stop HIV.* campaign, offers suggestions on how to talk to your partner about safer sex and healthy relationships, including talking about PrEP.

Pre-Exposure Prophylaxis (PrEP) for HIV Prevention (Fact Sheet)

This CDC fact sheet answers consumers' frequently asked questions about PrEP, including what it is, why take it, and how well it works.

Take Charge: Talk to Your Doctor About PrEP (Brochure)

This CDC pamphlet provides tips on how to talk to a doctor about PrEP. It provides a list of questions to ask the doctor and resources to discuss with your doctor.

Truvada Medication Information Sheet for Patients (Fact Sheet)

This patient fact sheet from CDC provides information about the use of Truvada as PrEP to prevent HIV infection, including how it works, how this medicine should be used, special

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precautions that should be followed, and other key information for patients.

[Consumer Update: FDA Approves First Medication to Reduce HIV Risk](#)

This consumer fact sheet from FDA announces FDA's approval of the use of Truvada to reduce the risk of sexually acquired HIV-1 infection in adults who do not have HIV but are at high risk of becoming infected.

[Antiretroviral Therapy To Reduce HIV Transmission](#)

This page on the website of the NIH's National Institute of Allergy and Infectious Diseases (NIAID) provides a general overview of both Treatment as Prevention and PrEP, including discussion of PrEP odds, adherence, guidelines, and women and PrEP.

[AIDSinfo Clinical Trial Search Results](#)

This NIH AIDSinfo page provides links to HIV clinical trials related to PrEP.

SPANISH LANGUAGE CONSUMER RESOURCES

[Folleto: ¿Qué preguntas debo hacerle a mi médico?](#)

This Spanish-language pamphlet from CDC discusses the need to talk to a doctor about taking PrEP. It features a list of questions to ask the doctor, resources to discuss with your doctor, and tips for how to speak to your doctor.

[Hoja informativa: Profilaxis preexposición \(PrEP\) para prevenir el VIH](#)

This Spanish-language information sheet discusses CDC's first comprehensive guidelines for use of PrEP as a means of preventing HIV.

[Hoja informativa: Para pacientes sobre el medicamento Truvada](#)

This Spanish-language patient fact sheet from CDC provides information about the use of Truvada at PrEP to prevent HIV infection.

RESOURCES FOR HEALTH CARE PROVIDERS

[Pre-Exposure Prophylaxis for the Prevention of HIV Infection in the United States – A Clinical Practice Guideline](#)

These U.S. Public Health Service guidelines provide comprehensive information for health care providers for the use of daily oral PrEP to reduce the risk of acquiring HIV infection in adults.

[Resource Compilation from HRSA AIDS Education Training Center National Resource Center](#)

This page presents a comprehensive list of provider resources on PrEP, including guidelines, curricula, slide sets, webinars, and other resources.

[Vital Signs: Daily Pill Can Prevent HIV](#)

This November 2015 issue of CDC's Vital Signs discusses PrEP as a safe and highly effective in preventing HIV infection, and highlights the fact that 1 in 3 primary care doctors and nurses have not heard of it. It includes steps health care providers can take to deliver PrEP care.

[Estimated Percentages and Numbers of Adults with Indications for PrEP –United States, 2015 \(MMWR\)](#)

This MMWR article estimates the percentages and numbers of adults in the United States with indications for PrEP consistent with the 2014 U.S. Public Health Service's PrEP guidelines.

[PrEP Clinical Consultation Center](#)

This CDC-supported resource center offers clinically supported PrEP advice to healthcare providers. The center features a toll-free number clinicians can call for rapid advice on topics including determining when PrEP is an appropriate part of a prevention program to understanding lab protocols and follow-up tests.

[HIV Pre-Exposure Prophylaxis Provider Resource Compilation from VA](#)

This VA web page provides links to key resources and journal articles on the use of PrEP.